

# WALK AND FUNDRAISE TO CURE DIABETES



## Event Day Checklist

Thank you for joining the **Sun Life Walk to Cure Diabetes for JDRF** and raising funds for type 1 diabetes research! On the day of event, you will want to arrive 30 to 45 minutes prior to the Walk to allow time for registration.

### Don't forget to bring:

- Directions to your Walk including parking information if needed and locations of any special booths such as the team photo area if that applies to you
- Water bottle, sunscreen and a hat
- Agenda for the day if provided
- Running shoes and appropriate walking gear
- Your team dressed in team attire or theme
- A camera to take lots of photos
- Completed pledge forms with any offline funds (cash or cheque)
- Most importantly, your **TEAM SPIRIT**

If you are posting to social media, don't forget to include the hashtag **#SunLifeWalk** and **#JDRFWalk!**

**Have a great time!** We look forward to seeing you at the Walk, to help turn type one into type none!